





エリア	店名	特徴	標高	出発点	標高	歩行時間
VALLORCINE	Cascade de Bérard  +33 6 87 19 79 41 <a href="https://www.facebook.com/cascadedeberard.labuvette">https://www.facebook.com/cascadedeberard.labuvette</a>	<b>Refreshment bar at the entrance to Vallon de Bérard</b>  → Located in forest above the waterfall and below Farinet forger cavern.  → Local specialties. Dinner on booking.	 <b>1450 m</b>	 Buét train station parking, before Vallorcine village and Direction 'Vallon de Bérard'	 <b>100 m</b>	 20 min  15 min
LE TOUR	L'Alpage de Balme  +33 683 33 86 61 <a href="https://www.facebook.com/p/Restaurant-Alpage-de-Balme-100063654095590/">https://www.facebook.com/p/Restaurant-Alpage-de-Balme-100063654095590/</a>	<b>Mountain pasture in operation.</b>  → Mt Blanc massif and particularly glacier du Tour.  → Local specialties. Booking advisable.	 <b>1990 m</b>	 1. From top of Charamillon cabins in Le Tour. 2. From top of Vallorcine cabins 3. From le Tour village via aiguillette des Posettes	 1. <b>145 m</b> 2. <b>60 m</b> 3. <b>720 m</b>	 30 min-30 min  15 min-15 min  2h30-2h
ARGENTIÈRE	Crémèrie du glacier  +33 450 54 07 52 <a href="http://www.lacremiereduglacier.fr">http://www.lacremiereduglacier.fr</a>	<b>Dairy at the bottom of the valley.</b>  → Located in the woods at the bottom of Argentièrè glacier. Orientation training course closed by.  → Local food, Booking advisable. <a href="http://www.lacremiereduglacier.fr">http://www.lacremiereduglacier.fr</a>	 <b>1300 m</b>	 From Lognan parking in Argentièrè, direction CMBH Helicopter dropping zone	 <b>20 m</b>	 10 min  10 min
LE LAVANCHER	Chalet du Chapeau  +33 610 77 59 01	<b>Above gorges de l'Arveyron and 10mn far from the view point on front ofmer de Glace.</b>  → Aiguilles Rouges, Aiguilles de Chamonix.  → Local specialties. Dinner on booking.	 <b>1536 m</b>	 1. From Lavancher village. 2. From les Bois village, chemin de la source de l'Arveyron	 1. <b>255 m</b> 2. <b>435 m</b>	 50 min-40min  1h20-1h
LES PRAZ	Chalet de la Floria New Owner 2026  Check at Tourist office +33 450 53 00 24	<b>Chalet in the woods with a sunny terrace.</b>  → Mont-Blanc range, aiguilles de Chamonix.  → Local specialties	 <b>1337 m</b>	 1. At entrance of les Praz village -> left side before the bridge. 2. From tennis parking Chamonix, then Les Nants road, and La Floriaz sign	 1. <b>270 m</b> 2. <b>290 m</b>	 45 min-40min  1h-1h
	Buvette du Paradis des Praz  +33 6 63 10 42 38	<b>Located in valley in the woods near by a stream.</b>  → Kids games area. Pony rides  → Local specialties salads	 <b>1080 m</b>	 Les Praz golf parking.	 <b>10 m</b>	 10 min  10 min

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CHAMONIX	Buvette du Cerro  Check at Tourist office +33 450 53 00 24	<b>Located on glacier des Bossons right side.</b>  → Les aiguilles Rouges, le glacier des Bossons  → Snacking and drinks. Open from 10am to 5pm	 <b>1358 m</b>	 1. Parking before tunnel du Mont-Blanc entrance 2. From les Bossons train station, via les Songenaz hamlet.	 <b>1. 100m</b> <b>2. 345m</b>	 15 min/15min  1h15-50 min
	Cascade du Dard New Owner 2026  Check at Tourist office +33 450 53 00 24	<b>Splendid water fall 20m high.</b>  → Les Aiguilles Rouges.  → Local specialties, salads...Dinner on booking.	 <b>1233 m</b>	 1. Penultimate curve on tunnel du Mont-Blanc road. 2. From chemin à Batioret (Grépon parking) via le camping des Molliasses	 <b>1. 5m</b> <b>2. 200m</b>	 5 min-5 min  50 min- 40 min
	Alpage de Blaitière  +33 622 32 50 95 <a href="https://lesbrebsdepitchoune.sumuptore.com/">https://lesbrebsdepitchoune.sumuptore.com/</a>	<b>Mountain pasture in operation.</b>  → Les aiguilles Rouges, les aiguilles de Chamonix, Chamonix valley.  → Sheepfold visit. Tasting and sale of cheeses.	 <b>1708 m</b>	 1. From parking du Biollay 2. From parking du Grépon 3. From Plan de l'Aiguille (mid station cable car)	 <b>1. 650m</b> <b>2. 660m</b> <b>3. 600m</b>	 2h/1h30  2h/1h30 1h50-1h
	Buvette des Mottets  +33 680 95 30 87 <a href="https://buvettemottets.wixsite.com/ature">https://buvettemottets.wixsite.com/ature</a>	<b>Downstream from Montenvers</b>  → Mer de Glace, les Drus, glacier du Nant Blanc.  → Local specialties, salads...Dinner on booking. Possibility to book night in bubble tents.	 <b>1638 m</b>	 1. From parking des Planards (luge alpine coaster) 2. From les Bois village, via chemin de la Filia 3. From Montenvers railway top-station.	 <b>1. 580m</b> <b>2. 540m</b> <b>3. 275m</b>	 2h/1h30 1h45-1h10 50 min-30 min
	Buvette Caillet  +336 52 58 69 12 <a href="https://www.instagram.com/buvettecaillet/">https://www.instagram.com/buvettecaillet/</a>	<b>Downstream from Montenvers</b>  → Les aiguilles rouges, Brévent and Flégère. Permanent treasure game.  → Organic, local products, cooking in wood stove Dinner on booking. Bubble tent booking (night)	 <b>1590 m</b>	 1. From parking des Planards (luge alpine coaster) 2. From les Bois village, via chemin de la Filia 3. From Montenvers railway top-station.	 <b>1. 530m</b> <b>2. 490m</b> <b>3. 323m</b>	 1h45/1h15 1h30/1h 1h-40min
LES BOSSENS	Chalet du glacier des Bossons  +33 744 97 79 07 <a href="https://en.chamonix.com/plan-my-stay/usual-information-services/food-and-drink/raclette-in-chamonix/les-bossons-glacier-chalet">https://en.chamonix.com/plan-my-stay/usual-information-services/food-and-drink/raclette-in-chamonix/les-bossons-glacier-chalet</a>	<b>On glacier des Bossons left side.</b>  → View point on the glacier, Chamonix valley. Thematic path about the story of the glacier.  → Local specialties . Dinner on booking.	 <b>1425 m</b>	 1. From les Bossons, route du Tremplin 2. From route du Mont parking (before the hamlet & the ski jumping hill) 3. From summit of les Bossons chairlift.	 <b>1. 370m</b> <b>2. 275m</b> <b>3. 10m</b>	 1h20/50 min 45 min-35 min 5 min-5 min
LES HOUCHES	Chalet de Chailloux  +33 610 95 39 47 +33 621 87 81 91	<b>In a pasture below aiguillette des Houches.</b>  → Chamonix valley, massif du Mt Blanc, glacier des Bossons.  → Local cheese – charcuterie board..	 <b>1932 m</b>	 1. From parking du Bettey, la Flatière 2. From Parc animalier de Merlet	 <b>1. 590m</b> <b>2. 465m</b>	 2h/1h30 1h30/1h10
SERVOZ	La Tête de la Fontaine  +33 618 84 22 61 <a href="latetedelafontaine.fr">latetedelafontaine.fr</a>	<b>Located on the path towards Pormenaz, ahead Servoz and Diosaz stream.</b>  → Fiz and Aravis mountain ranges  → Local specialties. Dinner on booking.	 <b>1080 m</b>	 1. From Pont du Souay parking 2. From Moulins d'en haut parking	 <b>1. 80m</b> <b>2. 200m</b>	 20 min/10 min  40 min/ 30 min